



#### DAY 1 | ARRIVE LISBON

On arrival to Lisbon airport you will be met by your Guardian Angel and transferred to your hotel.

This evening discover the vibrant spirit of Lisbon on our Alfama Culture Tour & Fado Dinner; a perfect combination of history, music, and fantastic food. Alfama isn't just about history and music; it's a blend of stories, melodies, and flavours that bring Portugal's charm to life.

#### DAY 2 LISBON

Enjoy an exhilarating tuk-tuk sightseeing tour that takes you to the breathtaking Senhora do Monte viewpoint, offering panoramic views of the city. As you explore the charming Alfama neighborhood, don't miss the opportunity to taste ginjinha, a local cherry liqueur. Later, learn about the discovery of the New World riding along along the riverside of the Tejo, where you can see the iconic Belem Tower and the Jerónimos Monastery. Round off your tour by sampling the delicious pastéis de Belém (Belém pastries) accompanied with a bica (authentic espresso-style coffee). In the evening, indulge in a culinary tour beginning with a refreshing Portuguese apéritif, along with an assortment of local cheeses and petiscos - small plates of traditional Portuguese food.

### DAY 3 LISBON

Following a short transfer to Lisbon port, meet the crew and board your sailing yacht for a fun-filled experience. Enjoy the opportunity to learn and participate in various manoeuvres as you sail along Lisbon's river and out into the sea. Discover how the physics of sailing allows you to sail against the wind; see how to trim the sails making the boat go forward and learn some tacking techniques that you put into practice with the help of the crew.

#### DAY 4 | LISBON - EVORA

Travel to the enchanting walled town of Evora. Situated in the Alentejo region, this historic and architecturally-rich town is home to a number of treasures. During your tour, you have the opportunity to visit the Cathedral, or Sé, with its fortress-like appearance, as well as the Church of St Francis, which is one of the city's grandest churches after the Cathedral and well known for its blend of Gothic and Moorish styles and the Chapel of the Bones. Marvel at the fourteen original granite Corinthian columns of the Roman Temple before exploring the Moorish arches and pretty alleyways in the town centre whilst stopping for lunch at leisure (payable locally). After sampling delicious local cuisine, visit Evora University, the second oldest in the country and noted for its impressive architecture.

# DAY 5 EVORA

Nestled in the heart of Alentejo, experience the region's deep-rooted connection to the land by visiting a traditional country estate. Here, explore the property, interact with the animals, and enjoy the scents and landscapes that define the area. With a glass of local wine in hand, help gather fresh ingredients to prepare an authentic "alentejana" meal over an open fire, learning about local flavours, cheeses, and smoked meats along the way. This hands-on experience culminates in a shared meal, bonding over food, wine, and stories with your hosts.

## DAY 6 EVORA

Today venture to Herdade da Maroteira, a family-owned estate located in the foothills of the Serra D'Ossa. For around 150 years, besides cork, the estate has mainly farmed livestock as well as producing olives on a small scale. Immerse yourself in nature during a trekking experience through the cork forest and vineyards. You may have the chance to witness cork being manually stripped from the trees (cork harvesting usually takes place between late May to early June). After your hike, head back to the estate to taste their exquisite Syrah grape variety.

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#### DAY 4 LISBON - CASCAIS

Make the short trip to Sintra, the summer retreat of Portuguese monarchs and the Moorish emirs before them. Discover for yourself why the town is often referred to as a page torn from a fairytale as you stroll at leisure through the ancient narrow streets, occupied with local handicraft shops and cafés. Sintra is world-famous for its queijadas (Portuguese cheese tart), so be sure not to miss out on sampling this delicious delicacy. At the heart of the old town, you have the opportunity to visit the National Palace of Sintra, which is the oldest royal palace in Portugal, and contains a splendid collection of Hispano-Arabic glazed tiles. From here, descend to Guincho Beach for an excellent view of Cape Rock, the westernmost point of the European continent, before continuing to the fashionable fishing village of Cascais for a late lunch at leisure. Transfer to your hotel in Cascais late afternoon.

### DAY 5 | CASCAIS

Explore the coastal charm of Cascais while indulging in the town's rich culinary heritage on this walking food and wine tour crafted for true food enthusiasts. Taking you through the picturesque streets of Cascais, uncover the authentic local flavours that define Portuguese cuisine. Savour freshly caught seafood, artisanal cheeses, and traditional petiscos, all paired with exquisite wines from nearby regions. This tour is more than just a culinary adventure; it's an invitation to experience Cascais like a local, through its vibrant food and viticulture.

#### DAY 6 | CASCAIS

Today meet your hiking guide to explore some of Western Europe's most spectacular beaches. Your hike starts from the slopes overlooking Praia Grande beach. From here, walk along the craggy coastline in search of its well-known dinosaur footprints and enjoy breathtaking views along the way. You then drop down to Adraga beach, a delightful sandy little cove which is backed by high cliffs. Complete your day by visiting the most western vineyard in Europe! Built in the 18th century, it stands between the Atlantic Ocean and the Sintra Sierra. After visiting the vineyards and the winery, enjoy a wine tasting of some of the most enigmatic fine wines of Portugal.

### DAY 7 DEPART CASCAIS - LISBON

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#### DAY 2 LISBON

Enjoy a half-day street art tour; Lisbon is an open-air gallery not only for its beautiful tile-covered facades, small tile panels and Portuguese sidewalk, but also for its urban art. On a unique tuk-tuk tour, get to know the emblematic artwork of this artistic style along with exploring the history of Lisbon. Stop at Senhora do Monte belvedere (the highest belvedere in Lisbon) and enjoy splendid views over the city. This afternoon enjoy a half-day 'Petiscos' culinary tour, where you experience the perfect balance of sightseeing and gastronomy, immersed in Portuguese culture in a unique and fun-filled way.

#### DAY 3 | LISBON

Today you are privately transferred to a private property close to Setubal, located just a short drive from Lisbon, set in Arrabida Natural Park. Enjoy horse riding in the among cork oaks, arbutus and other unique species of this region amongst the Quinta do Esteval landscape. Afterwards, savour tastings of local wines and cheeses on the cork oak deck or picnic in the grounds of the farm.

#### DAY 4 LISBON - COIMBRA

Today you will be privately transferred to Coimbra; considered a special place amongst the Portuguese, not least because it is home to Portugal's oldest university. En route enjoy a wonderful farm-to-table experience in the picturesque region of Santarém. As you step onto the farm, you are greeted by the owners, passionate individuals deeply connected to the land. The skilled resident cook will prepare a delicious and traditional home-cooked meal that showcases the freshest ingredients from the surrounding crops. This farm-to-table experience isn't just about food; its a story that will narrate the heart and soul of Santarém's culinary landscape and terroir. Afterwards, continue your journey onto Coimbra.

#### DAY 5 | COIMBRA - PORTO

Meet your driver at the hotel to be privately transferred to Porto (also known as Oporto – literally 'the port'). Enjoy today at leisure exploring the colourful city, filled with medieval relics, soaring bell towers, extravagant Baroque churches and stately Beaux-Arts buildings, with some of Europe's most graceful arched bridges spanning the gorge cut by the Douro River above.

### DAY 6 PORTO - DOURO VALLEY - PORTO

The Douro Valley, otherwise known as the Alto Douro Wine Region, is protected by the Marão and Montemuro Hills. Accompanied by your driver-guide, arrive to Pinhão and admire the glorious glazed tiles of the railway station before cruising along the Douro River in an authentic Rabelo boat. These traditional flat-bottomed, wooden cargo boats are a vital part of Porto's heritage and were used for transporting barrels of Port wine from the Douro Valley vineyards through turbulent rapids and narrow gorges to the Port wine cellars in Vila Nova de Gaia. Relish the unsurpassed views of the terraced vineyards lining the banks of the river and picturesque quintas (country estates) while enjoying a glass of Port or Moscatel wine.

### DAY 7 | PORTO

This morning visit Lello bookstore, one of the world's oldest and most beautiful bookstores. Many reflect that the bookstore has been a direct inspiration for J.K. Rowling and the famous Harry Potter books. End your tour with a cable car ride in Porto with spectacular panoramic views spanning the Douro River.

## DAY 8 DEPART PORTO

Today you are privately transferred to Porto Airport for your departure flight.