



# Train with the Champions

No one can deny that when it comes to long distance running Kenyans outpace the rest and inspire the world.

Now your guests can visit, and train, in the same location as David Rushida, Wilson Kipsang, Mary Keitany and Florence Kiplagat as well as taking some time to see the incredible scenery and wildlife of the land.



**Day 1:** Arrive at Jomo Kenyatta International Airport and overnight at **Fairmont The Norfolk.**

**Day 2:** Scheduled flight to Lewa Conservancy (home of the Lewa Marathon) with an afternoon game drive. Overnight at **Lewa Safari Camp.**

**Day 3:** Head out on a morning run with the rangers and visit the HQ to find out what this incredible conservancy does to protect the magnificent wildlife that calls it home. After lunch explore the conservancy on an afternoon game drive. Overnight at **Lewa Safari Camp.**

**Day 4:** Fly to Nairobi and drive down the Great Rift Valley Escarpment to Lake Elementaita where you will arrive in time for lunch and an afternoon nature walk on the conservancy. Overnight **Lake Elementaita Serena.**

**Day 5:** After breakfast make your way to Lake Nakuru National Park for a full day of game drives with a picnic lunch. Overnight **Boma Inn Eldoret.**

**Day 6:** This morning you will visit the High Altitude Training Center in Iten – the center is owned by Lornah Kiplagat and whilst you are there you may bump into one of the many famous athletes that train there. You will spend the day with a trainer and experience a day in the life of a Kenyan long-distance runner. Overnight **Boma Inn Eldoret.**

**Day 7:** After breakfast you will drive to Kisumu and catch a flight to the Masai Mara National Reserve where you will arrive in time for an afternoon game drive. Overnight **Kichwa Tembo Tented Camp.**

**Day 8 & 9:** There are a myriad of activities available from Kichwa Tembo – explore the reserve on game drives, visit a Masai village, take a walk through the conservancy or soar over the plains in a hot air balloon. Overnight **Kichwa Tembo Tented Camp.**

**Day 10:** After breakfast its time to start making your way home with lots of exciting memories of your exciting time in Kenya.

## INCLUDED

1 night at Fairmont The Norfolk on Bed & Breakfast | 2 nights at Lewa Safari Camp on full board with house drinks and shared game drives | 1 night at Lake Elmentaita Serena on full board with house drinks and private game drives | 2 nights at Boma Inn Eldoret on full board | 3 nights at Kichwa Tembo on full board with shared game drives | Day room in Nairobi | Internal flights, transfers & park fees in Kenya | A day at the High Altitude Training Centre

## EXCLUDED

Dinner and drinks at Fairmont The Norfolk | Drinks at some safari properties | All other activities not mentioned in inclusions | International flights, visas & gratuities.

## CONTACT US TO BOOK

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