



Colombia for Families

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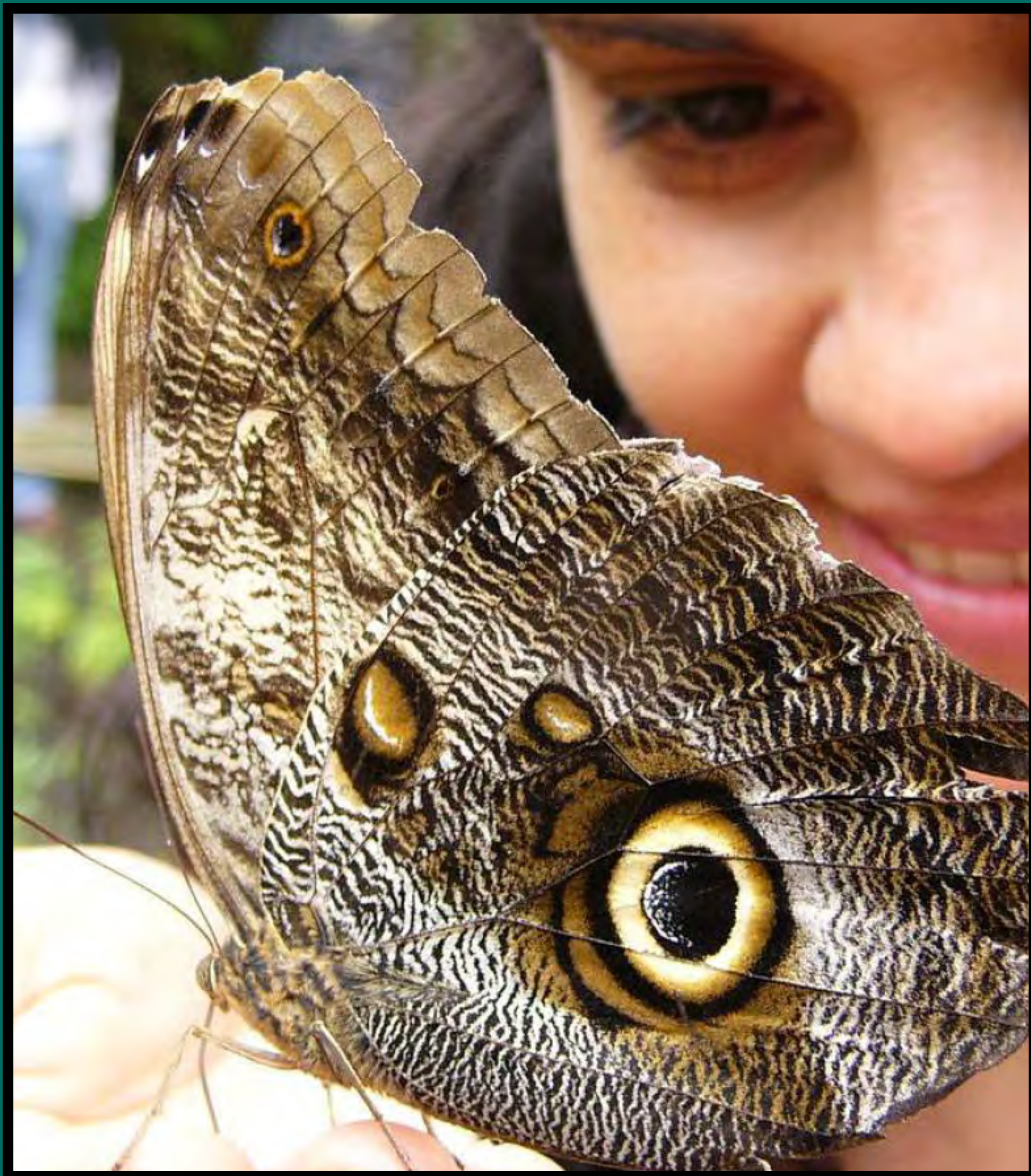
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Colombia in Full Color: For the Curious, the Bold and the Young at Heart

Brought to life by mountain ranges, forests and the magical beauty of the Caribbean, Colombia is a versatile destination, where you will be sure to enjoy a memorable family vacation. From learning experiences, to adrenaline-triggering adventures or discovering the exotic flavors of this land! We have thought of something for every member of the family to embrace the Colombian beauty in style. Keep on reading to see our suggested activities, accommodations and itineraries to make the most of this trip.

Bogota



CHINGAZA NATIONAL PARK & HUMMINGBIRD OBSERVATORY

This incredible place is located only one hour and half from Bogota. Enjoy here all day, exploring the moorland ecosystems at an 2800-3400m and trying to spot many of the endemic hummingbird species.

BOGOTA BIKE TOUR

Experience Bogotá like a local and discover its gems, as you bike through the bustling streets. Our 10km route will take you to the main spots, where you can delve in the culture and history. Whether you're a seasoned cyclist or a casual rider, this tour is suitable for all levels of experience.



HIKE THROUGH NEUSA RESERVOIR

Embark on a journey through this natural paradise, gaining fascinating insights into the environment and its stories. Then enjoy a delicious lunch and reservoir views from a vantage point. The perfect opportunity to relax and reflect on your hike.



COOKING CLASS

Whether you're sampling food from street stalls, market squares, or restaurants, you'll find a mix of gastronomic showcasing the cuisines of Colombia. Our carefully curated selection of recipes brings together the most iconic ingredients that have play a significant role in the

history of our cuisine. Open your palate to a world of new flavors and textures as you explore our menu. From traditional dishes to innovative twists on classic recipes, there's something for everyone to enjoy!

Food will be made in a family kitchen, meaning that every dish has that special homemade touch.

CUCUNUBÁ MTB ENDURO TRAILS EXPERIENCE

Just two hours from Bogota lies an incredible, untouched old town surrounded by stunning, rugged mountains. And what's more, a group of downhill and enduro bike riders have designed and built some incredible pro trails within these peaks.

Get ready to experience an adrenaline rush like no other as you cycle your way down these epic trails. If you're an experienced mountain biker, you'll have an absolute blast on this tour.

Our expert guides will lead you through the mountains, ensuring you're safe while you enjoy the ride of a lifetime. As you make your way down the mountain, take in the scenery around you. The mountain peaks provide a stunning backdrop to this thrilling ride, making it an unforgettable experience you won't soon forget.



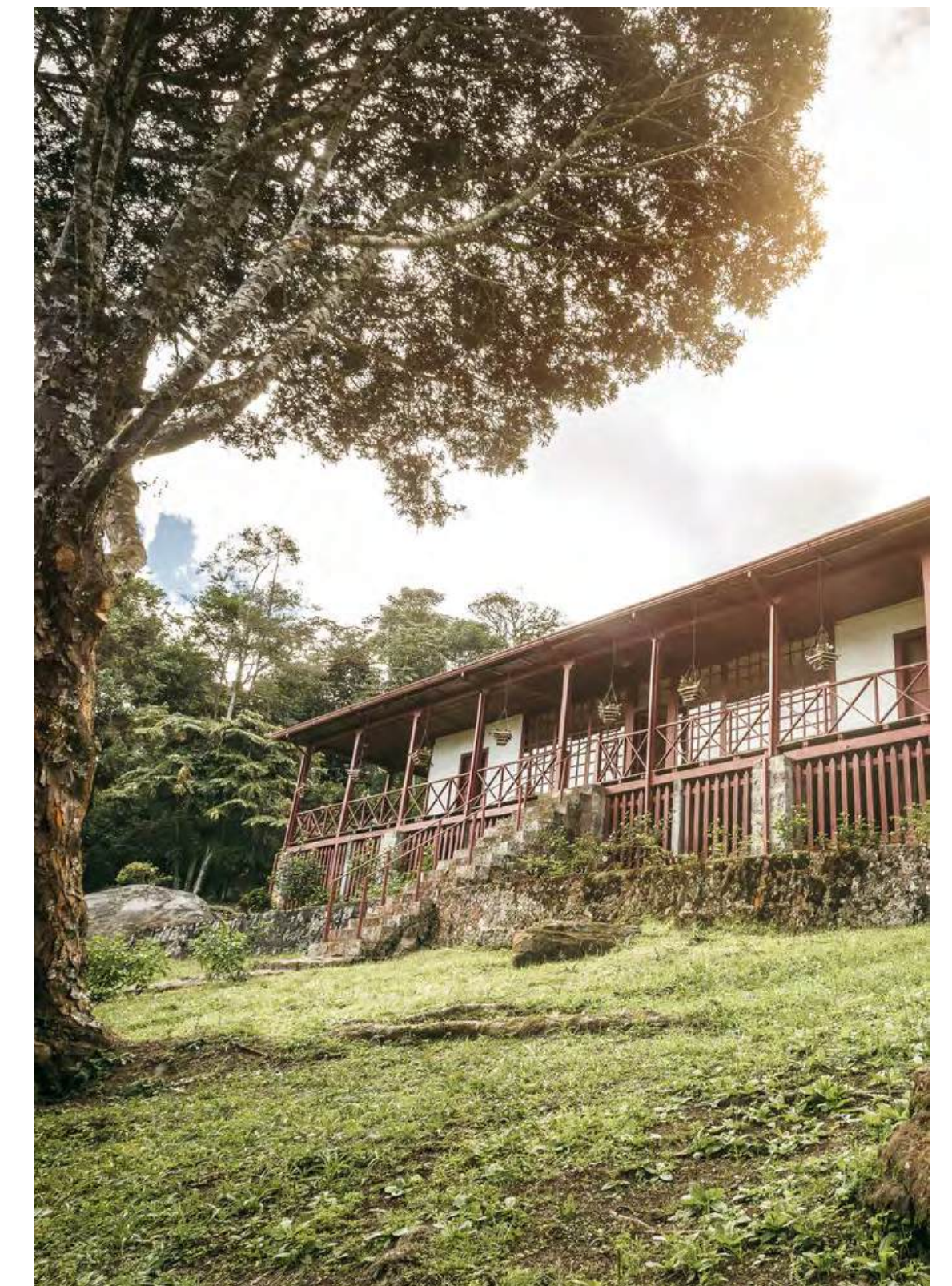
GRAFFITI TOUR

Graffiti Tour in Bogota, exploring the vibrant street art scene of Colombia's capital! The tour goes through Distrito Graffiti, home to some of the most impressive pieces by local and international artists. As you walk the streets, our guide shares the stories and inspiration behind each artwork.

CAFETAL LA TRINIDAD

Cafetal de la Trinidad is a working coffee and cattle farm that has been in the same family for five generations. From 2015 onwards, the farm has been renewed by a new generation of the family, who have been renovating the Castillo and Colombia coffee trees with the heirloom varieties that once grew in the region and have opened for the public to visit a living piece of Colombia's coffee heritage.

After the tour there is the option for those who wish to go horse riding or those that would like to hit the trails on their own two feet. There is a lot to explore on the 300-hectare estate with the original coffee fields where the Traditional Estate Blend is produced. Look out for the numerous indigenous engravings from the Muisca on the rocks. For those that make it to the top of the hill you will be shown "Farc Rock" where the local commander camped and marked the rock with their regiment number. Lunch will be a fruitful affair and homecooked with the best produce from the valley.



Coffee Region



QUINDIO BOTANICAL & BUTTERFLY GARDEN

Armenia's 15-hectare botanical garden and 680-sq-meter butterfly house is shaped like a giant butterfly and hosts around 50 species. Guests can enjoy a unique tour among butterflies and flowers.

BAMBOO RAFTING ON LA VIEJA RIVER

Hop on board a 4x4 towards Puerto Alejandria, where you will meet the Quimbaya, a local community that has navigated the river on hand-made rafts since ancient times. Enjoy approximately 4 hours of navigation and learning the best places to take a dip in the river.



CACAO EXPERIENCE

The coffee region is not only about coffee, but chocolate! The experience starts at a farm near Quimbaya with the owner's grandchildren who will walk you through the Cacao plantation, learning every step of the process behind a bar or a cup of delicious Colombian hot chocolate.



HORSEBACK RIDING

The astonishing valleys of the Quindío River are perfect for a two-hour horse ride, crossing the river, climbing Andean slopes, passing crops, and enjoying stunning views. The ride ends at a lookout with a traditional snack.

BBQ IN THE GARDEN

'Fire is life' for the Quimbayas. That is why the barbecue night pays tribute to this indigenous civilization of the region. Accompanied by a bonfire and a serenade from a Colombian music trio, our chef prepares a typical grilled dish from our local cuisine that you can savor with a glass of wine.



MOUNTAIN BIKING THE CACIQUE ROUTE

From biking tours through coffee farming areas to mountain biking up the Andes or easy, relaxing routes, interacting with local communities, admiring landscapes and tasting local gastronomy, we turn our visit into an authentic adventure.

Medellin



SOCIAL TRANSFORMATION TOUR & BREAKDANCE SHOW

Enjoy the highlights of Medellín, including Parque San Antonio, home to 23 sculptures by famous artist Fernando Botero, the Museum of Antioquia, San Ignacio church and a cable car ride to the mountainous districts. Then, it will be time to learn about social transformation at Comuna 13, a neighborhood that has been drastically changed through its transformation project. You will see murals and recreational space to witness the positive impact families have benefitted from. The visit will finish at the gallery house of a local collective of artists, where you will be treated to a private show by expert breakdancers in Comuna 13.

GUATAPE & PEÑOL ROCK & ZOCALO PAINTINGS

Visit this of colorful buildings and cobblestone streets, set on a man-made reservoir from the 1970s. At its center stands the Peñol Rock (believed to be a meteorite). The adventurous can climb its 654 and then, enjoy a relaxing boat ride.



NATURE EXPERIENCE & WATERFALL HIKE

Escape to nature just minutes from Medellín with a half-day hike to La Miel waterfall. Walk 90 minutes through the lush Andean cloud forest, discovering local flora and fauna in this scenic eco-reserve.

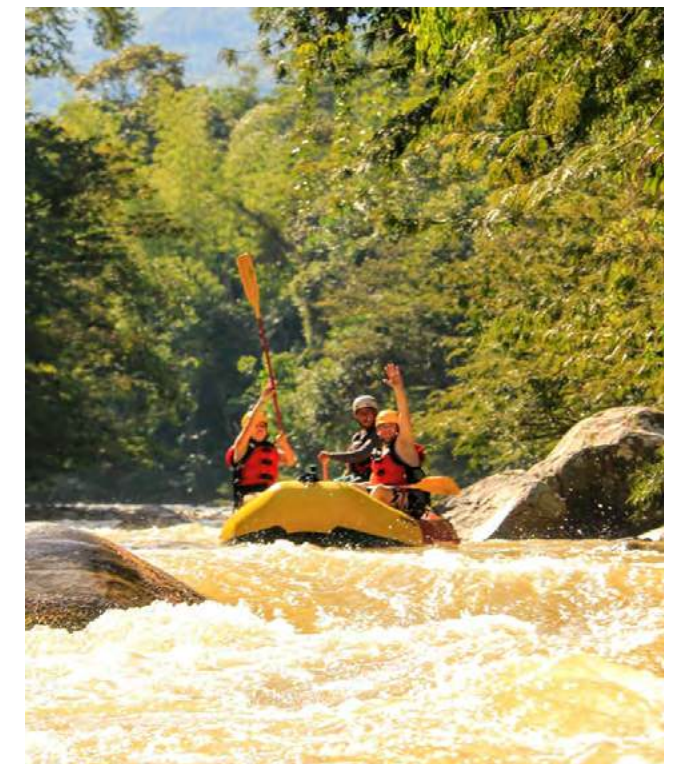


GRAFFITI TOUR AND PAINTING A SCULPTURE FOR CHILDREN

Discover Medellín's Comuna 13 street art. Guided by local artists, explore graffiti as cultural and political expression, then create your own artwork—fun for adults and kids.

RAFTING RIO CALDERAS

Experience an epic rafting adventure on the Río Calderas, just 1.5 hours from Medellín. Paddle through jungle rapids (Class 3/4), swim in emerald waters, spot wildlife and relax with lunch on a secluded beach.



Cartagena



CARTAGENA STREETFOOD

Experience Cartagena's cultural fusion on a street food tour through the old city. Influenced by Spanish, African, Arab and Chinese traditions, the local cuisine reflects the city's heritage. Explore hidden food spots loved by locals, sample a variety of authentic dishes and learn the stories behind each recipe. Discover how these flavors have evolved into the vibrant, diverse gastronomy of modern Colombian cuisine.

HORSEBACK RIDING

Explore the stunning beaches of Manzanillo del Mar followed by a thrilling horseback ride. The highlight is the paso fino show, where you will witness the horses' smooth, rhythmic gait in a mesmerizing display. This 4-hour excursion allows you to fully appreciate the area's natural beauty, with experienced guides ensuring safety and sharing fascinating insights into the local flora and fauna along the way.



CITY TOUR BY KAYAK

Discover Cartagena's history and beauty from a new perspective on a City Tour by kayak. Paddle from Pegasos Pier past the Clock Tower, Martires Ridge and Convention Center. Cross the Roman Bridge into the peaceful San Lázaro lagoon, surrounded by mangroves and birdlife. Explore the only remaining part of the city wall over the sea and visit the Island of Birds, home to many native species.

ENCHANTED IN COLOMBIA

Step into the heart of Colombian tradition with this enchanting experience. Stroll through flower-filled streets, savor delicious empanadas, take photos with characters that inspired movies and dance to Colombia's vibrant rhythms. Perfect for families, this adventure lets you embrace the country's beautiful traditions and warm spirit, turning your childhood dreams into reality.





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